



your gift to Plants-4-Hunger feeds children and families in need



PLANT-BASED SCHOOL MEALS

Through our partners **International Fund for Africa (IFA)** and **Grassroot Movement In Nepal (GMIN)**, A Well-Fed World sponsors plant-based school meals for children in need in Ethiopia and Nepal. IFA's school nutrition program also builds on-site bakeries and mushroom gardens to generate income and long-term sustainability, while GMIN's school meal program in Nepal supports the local economy through purchase of grains, legumes and produce directly from local farmers.



FRUIT AND NUT TREES

Through our partners **The Fruit Tree Planting Foundation** we are able to support reforestation with native food trees in villages of the Amazon rainforest that have been hard hit by deforestation. We also support school food forest projects in more than 35 schools across Kenya through the **Green Generation Initiative**. Food trees address the triple crises of global hunger, climate change, and biodiversity loss by providing food and income, carbon sequestration, and wildlife habitat.



COMMUNITY FOOD GARDENS

Grow Where You Are is a team of veganic farmers and food justice activists empowering people to improve their nutrition and food security by planting backyard and community food gardens in urban food deserts. GWYA and their partners **MaituFoods** also provide low-cost food to school lunch programs and run a summer camp to teach plant-based farming skills to young people. They partner with churches and the city to install organic micro-farms on unused land in underserved neighborhoods.



SEEDS AND BEANS

Our partners **Seed Programs International** provide organic vegetable seeds and growing expertise to food insecure communities around the world. SPI's seed donation programs support food gardens in schools, orphanages, hospitals, refugee camps, and Native American reservations. We also support **Plenty International's** Soy Nutrition Program, which distributes soymilk and soyfoods to more than 300 children and families who live in and around the Guatemala City Landfill.